

8760

I want to welcome back our York University students. You are all a week into your Spring semester, back to the grind. Ahead of you lay classes, homework, games, Songfest, concerts, and so much more. It is going to be hard to squeeze everything you want to do this semester into a few short months, so let me introduce you to a number: 8760.

This number represents the number of hours that each one of us has in a year. You can't buy, bargain, or trade for more; 8760 is it. Of those, you will sleep away roughly a third, so now we are down to about 6000. That is still a lot of hours each of us has to spend every year. Time to have fun. Time to work. Time to learn. Time to spend with friends and family. Time to be by yourself.

The thing about all of those hours is that they will fly by whether you plan for it or not. You can spend time or waste time, but you can't get it back after it is gone.

Perhaps you have seen the illustration about rocks, pebbles, sand, and a jar. If you put the big rocks into the jar first, then the pebbles, then the sand, everything can be shaken down and made to fit. But if you put the sand in first, then the pebbles, there is no longer any room for all the big rocks.

In the mini-parable, the jar represents your life, the rocks represent the really important things you want to do, the pebbles represent other things that are less important, and the sand represents the other stuff that just fills your hours. So if you fill your life with the small stuff first, you never have time to fulfill the really important things. But if you put the important things first, the rest tends to take care of itself.

Jesus put it this way: "Seek first the kingdom of God and his righteousness all of these things will be added to you." This is at the end of his Sermon on the Mount, and Jesus has just been talking about all of the things that we need in our lives like food and clothes. He knew that we can spend so much time in our lives chasing

down the pebbles and the sand in our lives. So he said to choose the biggest rock first: God's kingdom and righteousness.

This is a challenge, even for a lot of disciples of Jesus. We think of the kingdom on Sundays for sure, but for much of the week it can be sort of like background music. You know it is there, but you don't pay much attention to it. Instead, the pebbles and the sand start filling in the hours of our days.

So challenge yourself to purposely plan to put the kingdom first. Besides Sunday worship, how much time are you purposefully spending with other Christians? Get up an hour earlier and get with a Bible class. Find a small group to be with during the week. Take a morning this month to deliver Meals-on-Wheels with a brother or sister.

How many hours this week are you purposefully drawing closer to God? Take time each day for private prayer. Read a chapter (or more!) of your Bible each day. Write a psalm to God telling him how you are feeling and asking for his mercies.

I know that your life is busy. Mine is, too. But we only have 8760 hours this year. (A little less by now.) They can be filled with purpose or they can all be sand. In Ephesians 5:15-17, Paul wrote, "Look carefully then how you walk, not as unwise but as wise, making the best use of time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is."

I don't know about you, but I want to spend my hours wisely.

Glenn Hawley

Welcome to East Hill Church of Christ, a place where you can discover the gospel!
Please, don't hesitate to let any of the greeters or ministers know how we can serve you.

C A L E N D A R

January

- 16 Marriage Workshop begins
Daylight Donuts, Mon 6pm
- 20-21 Leader's Retreat
- 21 Men's Breakfast
Fellowship Hall, 8am
- 29 Elder Lead Service

February

- 3 Food Distribution
South Parking Lot, 12-1 pm
- 3 Son Shiners
Chances "R," 5:30 pm
- 11 Men's Breakfast
Fellowship Hall, 8 am
- 18 Ladies' Craft Day
Fellowship Hall, 8 am-6 pm

MINISTRIES & EVENTS

Meals-on-Wheels: East Hill has January for meals-on-wheels for 2023. The sign up sheet is on the information table in the foyer. There are still some openings this week. See Susanne Keller if you have questions.

2023 Communion Preparation: The sheet to sign up to prepare communion for a month in 2023 is on the bulletin board in the foyer. See Susanne Keller if you have questions about this way to serve the body.

Special Speaker: The small group that meets at the church building at 5 pm will have a special speaker on January 15. Lanny Tucker, regional director for EEM (Eastern European Missions) will be speaking about the needs for aid and Bibles in Eastern Europe, especially concerning the Russian/Ukraine war.

Men's Breakfast has been rescheduled and will meet this Saturday, January 21, in the Fellowship Hall at 8 am. Terry Kite will lead the devotional from Ezekiel.

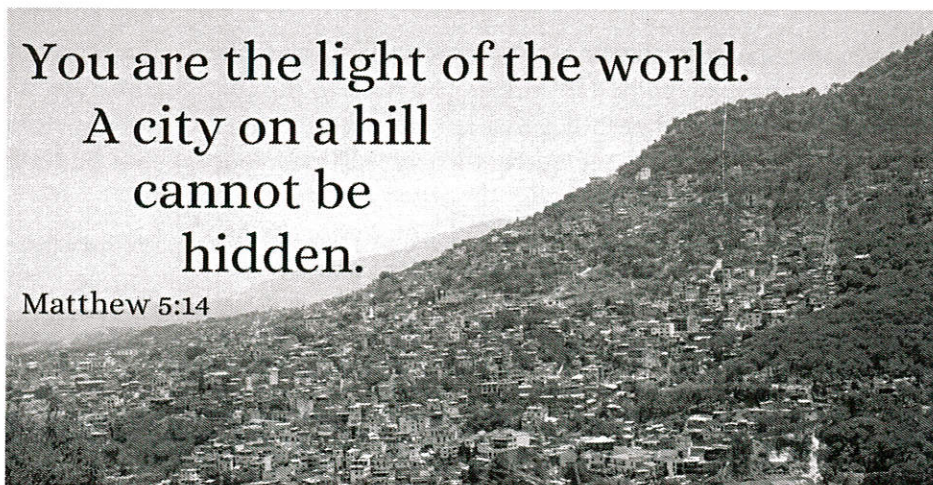
Secret Sisters Ministry: Remember to keep your secret sisters in your thoughts and prayers. A note dropped in your secret sister's church mailbox is always a good way to encourage one another. Please see Tera Knapp with questions.

- 1/15 Kenan Knapp
- 1/16 Beth Knapp
- 1/18 Elias Coppinger
- 1/19 Bryce Smith
- 1/20 Kyle Stewart
- 1/21 Benjamin Tandy

C E L E B R A T E

You are the light of the world.
A city on a hill
cannot be
hidden.

Matthew 5:14



You are the light of the world. A city on a hill cannot be hidden. ... In the same way, let your light shine before men that they may see your good deeds and praise your father in heaven.

Matthew 5:14-16 East Hill 2022 Theme Verse

BODY LIFE & PRAYERS

Angela Case recently started her occupational assistant internship in Lincoln at two medical clinics as she's on her way to becoming a licensed occupational assistant. God bless!

Ramona Wise is having increasing pulmonary difficulty. She is on oxygen continually and it makes her vocal cords tender so speaking is difficult. She is in Willowbrook, please contact the church office for her information.

Larry Light had good news from his heart test. There is a partially blocked vessel, but it didn't warrant any action. Thanks for your prayers!

Let's continue to remember **Janet Rush and family** as they mourn the loss of Mike.

Did you know that **Ron Shields** has been preaching at the Davenport church on Sundays for over 18 years? He is hoping to retire once they find someone to replace him in the preaching role. If you would like more information about serving in that way, please contact Richard Swenson. His phone number is available through the church office.

Ray Miller's new address is available through the church office. He would love to hear from people!

This Week's Prayer Focus:

On January 20-21, the elders, ministers, and their wives will go to Lincoln for their annual retreat. This is a focused, reflective, and prayerful time where we pray for the body and seek God's direction together. We would greatly appreciate the congregation praying for us. On a side note, we always appreciate your input, and you're welcome to call or email any of the elders or ministers to share what's on your mind this week or anytime.

Weekly Events

Attended Nursery: You can drop off children ages 0 up to 2 years in the nursery during services.

Youth Updates: Contact Garrett Schwarz to get the Remind notices and stay connected on the latest news regarding the East Hill Youth.

Women's Thursday Class: Join women of all ages for a time of prayer and study. The class meets on Thursdays, 10 am to 11:30 in the fellowship hall and on Zoom.

Weekly Prayer Pal Suggestion
Salvation – *The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.*

~Exodus 15:2

Weekly Scripture Memory

January 8-January 28

Psalm 19:1-3

The heavens declare the glory of God; the skies proclaim the work of his hands. *Day after day they pour forth speech; night after night they display knowledge.* There is no speech or language where their voice is not heard.

Schedule of Services

Sunday

Worship 10 am, livestreamed on Facebook

Bible classes for all 9 am

Sunday evening 5 pm, communion available

Wednesday

Bible Classes for all 6:30 pm

Adult class is livestreamed on Facebook

For the Record: January 8, 2023

Weekly Attendance: 317

Weekly Giving

Budgeted TBD

Actual: \$6,708.40

Children's: \$78.99

Year to Date

Budgeted: TBD

Giving: \$13,099.76

Children's for Ecuador: \$98.44

East Hill Church of Christ

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York, NE 68467

Office: (402) 362-4990

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Website: www.easthillcofc.org

WiFi: EHguest PW: JesusIsLord!

Ministry Staff:

Preaching Minister

Glenn Hawley

Worship & Family Minister

Glenn Dallmann

Children's Ministry - School Age

Tana Albin

Children's Ministry - Preschool

Hannah Sikes

Youth Ministry - Coordinator

Garrett Schwarz

Administrative Assistants

Michele Briggs 9 am-noon

Tera Knapp 11:30-2:30

Missionaries in Ecuador

Joshua & Julie Marcum

Michaela, Eliana, Jana, Enoch

Shepherds:

Tim Carr

Michael Case

Matt Copping

Keith Miller

Mark Miller

Steddon Sikes

Eric Tremaine

Shepherd of the month is in bold font.

Deacons-----Area of Service

Marty Barrett ----- Benevolence

Trey Colle -----Emergency Meals

Robert Cunningham ----- Son Shiners

Troy Flynt -----Treasurer

Jansen Fraser----- Grounds

Trent Hinton -----Livestream

Ron Kretz----- Singles

Larry Light ---- Single Seniors, Facilities

Garrett Schwarz ----- Youth

Jeff Shafer ----- Worship Support

Lonnie Shafer -----Elder/deacon liaison

Ken Van Gomple ----- LTC

East Hill In the Digital Age!

East Hill Prayer & News - Are you connected to our daily e-newsletter, EHPN? Typically we send out at least one email a day to share current prayer requests, needs, and activity announcements. This is a great way to stay informed and discover ways that you can connect with and serve the body of Christ. If you would like to get on the list just contact the office.

East Hill Digital Directory - Do you have our church directory downloaded to your smartphone or computer? The directory has all our contact information and pictures, which is a great tool for helping all of us get to know one another. The app and site are called "Instant Church Directory." Only East Hill members with their email in the directory have access to our information. Call the church office if you need help. You can also contact us for a paper directory, but it won't update itself :).

Online Giving - Digital options can make giving easier to manage too. We are signed up with a program called Tithely to accept your giving online. If you are interested, go to the "Giving" tab on our church website (easthillcofc.org) and click the bright green "online giving" button. You can set your donation to be one time or recurring and made with a credit or debit card or through your bank account.

Order of Worship

The Light in the Darkness

Worship Leader: Glenn Dallmann

10 A Mighty Fortress

Revelation Song

Here I Am to Worship

Call to Worship

Reading: Andrew Van Gomple

Isaiah 49:1-6

Prayer of Thanksgiving for Our Salvation from Darkness:

Ron Mogul Jr

"Jesus is the Light"

John 1:1-5

Glenn Hawley

Invitation for Prayer

722 *Let the Beauty of Jesus Be Seen*

Open the Eyes of My Heart

324 *Alas! And Did My Savior Bleed*

Communion: Dan Goodwin

Children's Offering

Pass it On

Shepherd's Prayer: Keith Miller

Body Life: Ken Van Gomple

626 *Christ for the World We Sing*