

He Sure Had Smelly Feet

He sure was a great uncle though. From the time I could remember as a small child my uncle Manuel Acosta was confined to a wheelchair, very crippled with Rheumatoid Arthritis. His hands and feet were gnarled and twisted into grotesque shapes, and his body was stiff and bent because of the disorder. He constantly needed help. He needed help getting bathed and cleaned up in the morning, getting dressed and taking care of himself throughout the day. He then needed help getting ready for bed, and finally even getting into bed. He had this big hydraulic hoist we used to lift him into and out of places. We would have to place straps around his back, beneath his arms, and underneath his behind before we could lift him up and place him into his bed, wheelchair, or onto his bathroom toilet. Often in the evenings we would soak his feet in a basin of warm water and massage them to help relieve his pain. Do you know how uncomfortable it is to ask someone to bathe you and help you go to the bathroom? He knew.

So, each summer, often while all my other friends were out playing on those hot summer days, I spent my time over at my uncle Manuel's house helping him. At first, I resented it, like most kids would I suppose. But do you know something? After a while I began to look forward to it. You see I got to know my uncle Manuel very well during those precious times. We listened to his favorite country music together. He knew the greatest jokes around. He made the funniest and best Donald Duck impression I've ever heard. He never complained. He would always have an ear to listen to my stories and he always had a smile and a laugh that touched your heart.

His favorite way to pass the time was to work with leather. I cherished those times when I could help him make wallets and belts and purses that he could sell at craft shows in the Cheyenne area. At those sales, he would make many friends from his wheelchair, and many a person probably even today carry a leather reminder of his handiwork. Several of his creations would win blue ribbons at the county and state fair. I've still got a couple of wallets and a belt that he made for me.

I knew it was hard for him to ask for help. I'd see him crying sometimes because of the pain. I knew if he was able, he would've jumped out of that wheelchair and went running and jumping and enjoying the cool grass beneath his feet. But he couldn't. So, he allowed others to help and serve him. He did it humbly. He did it without complaining. He did it bravely.

I learned how to be a servant at the feet of my uncle Manuel. Even though I could have been spending more time out playing with my friends, I spent a lot of my time helping him. By helping him, it was I who learned a great deal. I learned what it meant to sacrifice. I learned about hospitality. I learned how to be humble. I learned a very tender expression of love. I really loved my uncle. He was my favorite uncle, you see - because he let me wash his smelly feet.

Would you like to hear the rest of this story? Why don't you join us tonight at 5 pm in the fellowship hall.

In HIS Mighty Name,

~Ron Kretz

Welcome to East Hill Church of Christ, a place where you can discover the gospel!
Please, don't hesitate to let any of the greeters or ministers know how we can serve you.

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July

- 14 Elder's Meeting
- 21 Elder's Meeting
- 23 Food Distribution 10:30-11:30 am
in south parking lot

August

- 2 Son Shiners at Chances "R" at 5:30
- 10 Men's Breakfast: 8 am in FH
- 14 YPS begin
- 16 Reception for Simeon & Mallory T
- 17 New YU students arrive on campus
- 19 YU Freshman Progressive Dinner
- 21 YU classes begin
- 25 Children's Ministry Fall Kickoff
Potluck

Nebraska Youth Camp Summer Sessions

July 14-20 Senior 1 (9th-12th)

July 21-27 Senior 2 (9th-12th)

- 7/14 Jim Ulrich
- 7/15 Imri Knapp
- 7/17 Paul Jaekel
- 7/18 Rena Miller
- 7/18 Lael Schwarz
- 7/18 Jamie Reynolds
- 7/19 Adalynn Salsbury
- 7/19 Rowan Nugen
- 7/19 Gracie Reynolds
- 7/20 Gracin Jaekel
- 7/20 Kay Magner

- 7/14 Jared & Karen Pack
- 7/16 Jim & Jamie Ulrich
- 7/17 Cornell & Lisa Bonde
- 7/18 Saia & Bethany Lotulelei
- 7/19 Casey & Courtney Kinnison

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MINISTRIES & EVENTS

Combined Adult Class: Joshua Marcum will be teaching a class for all the adults in the auditorium today.

Summer Children's Ministry: Teachers are still needed for August. There is only one class covered so far for August. To aid in maintaining a low stress level for everyone involved please sign up before "the last minute"!



Wednesday Evening Families at the Park: For Wednesday evenings this summer, families are invited to Minks Park at 6:30. Those wishing to participate in the Bible Bee activities can meet in the northwest shelter while younger children play in the Peyton Parker Lane Playground and parents float between and fellowship.

Wednesday Evening Youth Huddles: We will be taking a short break for Wednesday night huddle starting July 17-August 6, and will resume huddles on Wednesday, August 7.

*Make every effort to
live in peace with
everyone and to be holy;
without holiness no one
will see the Lord.*

Hebrews 12:14 (NIV)

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without holiness no one will see the Lord.*

East Hill 2024 Theme Verse—Hebrews 12:14 (NIV)

BODY LIFE & PRAYERS

Prayer Requests:

Megan Fifield is undergoing additional testing. The hope is that the testing will show that she is a candidate for a pacemaker.

Jason Mader's grandmother, Nora Jane Howell passed away on Monday. The funeral was on Friday. Please continue prayers for the family as they mourn their loss.

Brenda Reicheneker reports an uptrend on how she is feeling. She is grateful for the prayers on her behalf and appreciates continued prayers.

Margaret Spencer's nephew Stephen, who was badly burned, is still in critical condition and they would like continued prayers for healing.

Glenn Tandy is suffering with shingles which is being compounded by an allergic reaction. Please pray for his healing.

Body Life:

Thank you to the East Hill members who helped Darrel and Beth Sears unload their trucks this week. Darrel is the new Bible professor at York University.

Thank you to East Hill members who hosted and provided food for the reception following Bernadine Smith's memorial yesterday.

Prayer Focus:

July is the 68th anniversary of the East Hill Church of Christ (1956). So much good has been done through this church family in all these years. Our church continues to shine as a light to our community of the saving work of Jesus Christ. Let's give thanks to God for East Hill. Let's pray that we'll continue to follow the Spirit of God into the work he wants us to do together. Amen.

Weekly Events

Attended Nursery: You can drop off children ages 0 up to 2 years in the nursery during services.

Service at Legacy Square: There is a service for the residents of Legacy Square in Henderson at 2:30 each Sunday. See Tommy Carr if you have questions.

Youth Updates: Contact Garrett Schwarz to get the Remind notices.

Wednesday Meal: The meals will resume in the fall.

Women's Thursday Class is breaking for the summer and will resume in the fall.

Weekly Prayer Pal Suggestion

Courage – Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.

~Deuteronomy 31:6

Scripture Memory—Psalm 8

for July 7 through July 27

O Lord, our Lord, how majestic is your name in all the earth! You have set your glory above the heavens. *From the lips of children and infants you have ordained praise because of your enemies, to silence the foe and the avenger.* When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is man that you are mindful of him, the son of man that you care for him? You made him a little lower than the heavenly beings and crowned him with glory and honor. You made him ruler over the works of your hands; you put everything under his feet: all flocks and herds, and the beasts of the field, the birds of the air, and the fish of the sea, all that swim the paths of the seas. O Lord, our Lord, how majestic is your name in all the earth!

