



The Roller Coaster of Life

Several years ago, I had the privilege to coach a York College drama group called Soul Concern. This group traveled to youth rallies all over the Midwest performing skits with Biblical lessons. One skit they performed was entitled, "The Roller Coaster of Life." The skit opened with eight guys on stage excitedly climbing into roller coaster cars, portrayed by eight metal folding chairs lined up in pairs. As they settled into their seats the two seated in the front called out to the others, "Don't forget to buckle up for safety!" Their encouragement fell on deaf ears as the guys in the back scoffed at their warning. But the two in front quickly buckled up with the Word of God on their laps, indicating that their lives were anchored in God.

The roller coaster began to move up the steep incline, metal chairs tipping back precariously, as the ride began. Click, click, click, click, click, click—you know the sound if you have ever ridden a roller coaster. Suddenly, as the car crept up the incline, the two passengers in the rear fell out of their car and off the stage. Then with a rush of excitement the roller coaster started down the slope toward the first turn. With hands in the air, and possibly a little bit of screaming, the car entered the first curve of the track and two more passengers were thrown from the car. The remaining passengers who failed to buckle up at the beginning of the ride noted the disappearance of their friends and began to look a little concerned. But it proved to be too late as the next big curve tossed them from the ride as well.

At the conclusion of the ride, the cars coasted up to the platform where they were to exit the roller coaster. The two front passengers exclaimed how amazing the ride had been and they looked back to share the fun with their friends behind them. Surprised by the empty cars, they exclaimed to each other, holding up their Bibles, "Good thing we buckled up for safety!"

The last several weeks have reminded me of that skit, and how much like a roller coaster life can sometimes be. For several months our house had been filled with excitement and energy for the day of Simeon and Mallory's wedding. As the date for our trip to Wisconsin drew near, my mom and Jenny's grandma were both put on hospice. Jenny's grandmother passed quickly and within the week we received news that my mom was not doing well and we should try to make a trip to Kansas to spend some time with her and say our good byes. It was good that we were able to make that trip to be with Mom, but along with it came emotions of sadness and the loss. The next day we traveled to Omaha for Jenny's grandmother's funeral. That Sunday we received the call that Mom had passed and her struggles of this life were over.

Even though we had been preparing ourselves, at times the loss of Mom was overwhelming. A few days later, on Thursday, we were off to Wisconsin to celebrate the muchanticipated wedding. The roller coaster seemed to intensify. Emotions of joy and excitement and the emotions of mourning and grief seemed to flow in and out of each other in unpredictable ways. The wedding was amazing and it was fun to share with the body here in York with a reception for Simeon and Mallory last Saturday. The next day, Sunday, we were able to meet with my family in the prayer chapel to honor Mom and celebrate her life.

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.

He guides me along the right paths for his name's sake.

Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

Psalm 23

Welcome to East Hill Church of Christ, a place where you can discover the gospel! Please, don't hesitate to let any of the greeters or ministers know how we can serve you.

August

- 25 Young Adult Class begins
- 25 YU Welcome Potluck
- 27 Food Distribution 10:30-11:30 am in south parking lot
- 28 Potluck—Children's Ministry Fall Kickoff 5:30-7:30

September

- 6 Son Shiners at Chances "R" at 5:30
- 6-8 Dads-n-Lads at NYC
 - 8 Young Adult Cookout 6 pm at Van Gomple home
 - 9 Young Adult Cookout
- 14 Men's Breakfast: 8 am in FH
- 21 Ladies Craft Day 8 am-6 pm in fellowship hall
- 24 Food Distribution 10:30-11:30 am in south parking lot
- 28 Dads-n-Daughters at NYC
- 29 Secret Sister sign-ups due

October

- 4 Son Shiners at Chances "R" at 5:30
- 6 Set up Clothing Give-away 5:30 pm
- 7-11 Clothing Give-away sorting 9 am to 9 pm daily
- 11 Church Family Clothing night 6-8 pm
- 12 Clothing Give-away 8 am-noon
- 18-19 YU Homecoming
- 22 Food Distribution 10:30-11:30 am in south parking lot
- 8/25 Daniel Stewart
- 8/27 Patricia Jaekel
- 8/28 Rhonda Briggs
- 8/28 Sidney Leinen
- 8/29 Virginia Holland
- 8/30 Steve Eckman
- 8/30 Sara Leetch
- 8/30 Vivian Mogul

CELEBRATE

MINISTRIES & EVENTS

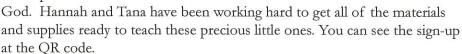
East Hill Welcomes anyone who would like to be a member of East Hill and participate in this church family in our service to Jesus. We're in the process of visiting with people who've been attending for a while and ask you if you would like to place membership. You're also welcome to contact one of the Glenns.

Young Adult Class: The young adult class, for university students, 20s, and 30s starts today. It will meet in the fellowship hall at the regular 9:00 class time. Glenn Dallmann will teach on the Sermon on the Mount, focusing on the question, "Now that the kingdom of heaven is near, how should we live as followers of Jesus?"

TODAY—All Church Potluck to welcome back university students: After services today, everyone is invited to welcome all the students, new and returning, with a potluck meal.

Food Distribution: The Lincoln Food Bank will be here this week, Tuesday, August 27, from 10:30-11:30 am in the South Parking Lot, please help spread the word. If you have questions or would like to help please see Tonya Carr.

Fall Children's Ministry: We need many volunteer hands to have a successful children's program. Classes begin Sunday, Sept 1 and we are very short on teachers. Parents, please consider signing up to teach or help in a class so that we can continue to raise up our kids with a firm foundation in the Word of



The Children's Ministry's Fall Kickoff will be this Wednesday the 28th. A potluck, with hot dogs provided, will begin at 5:30. Please bring a side dish to share. The pot luck will be followed by a bounce house, ballon animals, face painting, games, and prizes.

Meals on Wheels: East Hill volunteers will be delivering for the York Meals on Wheels program for one more week. There was an opening for one more delivery team on most days this week, please sign up on the sheet in the foyer or see Susanne Keller if you can help.

Dads-n-Lads is Sept 6-8! This year's theme is being a strong man of God from Titus 2. Come out for an inexpensive weekend of Bible, bacon, fellowship, bonding, shotguns, campfires, boats, and more bacon ... all at Nebraska Youth Camp!! Register at www.dadsnlads.org. Questions or info? See Mark Miller.

Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.

East Hill 2024 Theme Verse—Hebrews 12:14 (NIV)

BODY LIFE & PRAYERS

Prayer Requests and Updates:

Nell Cole has asked for prayers as she is continuing to have issues with an infection in her eye as well as stomach problems.

Virginia Holland is waiting for results of the biopsy of her foot bones taken during her recent surgery to see if the infection in her foot is in the bone.

Eddie Kennedy will be having surgery to remove a mass in his bladder. They don't know if it is cancer at this point.

In June, the **Kinnison family** found out that **Molly** has craniosynostosis, like her sister, and will need the same surgery that Zoey had a year ago. Molly's surgery will be on September 11. Please pray that the surgery and recovery goes smoothly and for peace for her parents through the process.

Roni Miller will have surgery in early September to remove a growth on her kidney.

Meghan Salsbury would like to request prayer for her son, Ciaran. He is scheduled to have his adenoids and tonsils removed on Tuesday, August 27. Please pray for an easy surgery, a fast recovery, and that it helps his breathing. Carol Shafer was moved to Heritage Crossing in Geneva. Please pray for

Carol Shafer was moved to Heritage Crossing in Geneva. Please pray for recovery of strength and mobility.

Thank You: My nephew Stephen Cooley, received your cards and was overwhelmed with gratitude. His Mom said he couldn't believe people he didn't know would do this for him. The cards were taped to his hospital room wall for him to see. He said a prayer of thanksgiving. Thank you sincerely for your giving hearts. Stephen still has a long road ahead but is slowly making progress. His burns are being treated almost daily with skin grafting and he has finally been moved out of ICU. Thank you for your continued prayers. **~Margaret Spencer**

Thomas Tandy's cancer treatment was not successful and he will be having a partial amputation of his foot in mid-September.

Body Life

A big THANK YOU to Charlie Van Gomple: Last Sunday, many of our guests and members were escorted through the pouring rain under his big yellow umbrella! So thankful to this young man for volunteering to help!

Thank you to Marty & Rose Barrett, Dianna Brennan, Paulo & Ana Carvalho, Trey & Sarah Colle, Erin DeHart, Troy & Kami Flynt, Jansen & Amy Fraser, Dan & Julie Goodwin, Glenn & Leanna Hawley, Pat Jaekel, Tera Knapp, Ron & Diana Kretz, Larry & Kareen Light, Kay Magner, Jared & Karen Pack, Jay Roberts, Janet Rush, Jenna Schwarz, Holly Sobetski, Sheila Tandy, Julie White,

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Weekly Events

Attended Nursery: You can drop off children ages 0 up to 2 years in the nursery during services.

Service at Legacy Square:

There is a service for the residents of Legacy Square in Henderson at 2:30 each Sunday. See Tommy Carr if you have questions.

Youth Updates: Contact Garrett Schwarz to get the Remind notices. Wednesday Meal: The meals

will resume in the fall.

Women's Thursday Class will resume in the fall.

Weekly Prayer Pal Suggestion Joy – You became imitators of us and of the Lord, for you welcomed the message in the midst of severe suffering with the joy given by the Holy Spirit. ~I Thessalonians 1:6

Scripture Memory for August 25-September 14 2 Corinthians 4:7-10

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body.

Schedule of Services

Sunday

Worship 10 am, livestreamed on Facebook Bible classes for all 9 am Sunday evening 5 pm, communion available

Wednesday

Adult Class 6:30 pm (livestream-East Hill's Facebook) Children's Class 6:30 pm (drop off 6:20, pick up 7:15) MS & HS Huddle 6:20-7:20 pm

For the Record:	August 18, 2024
Weekly Attendance:	340
Weekly Giving	
Budgeted:	\$7,143.85
Actual:	\$6,947.05
Children's:	\$126.49
Year to Date	
Budgeted:	\$235,747.05
Giving:	\$218,214.83
Children's for Ecuador:	\$1,349.15

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Ministry Staff:

Preaching Minister

Glenn Hawley

Worship & Family Minister

Glenn Dallmann

Children's Ministry - School Age

Tana Albin

Children's Ministry - Preschool

Hannah Sikes

Youth Ministry - Coordinator

Garrett Schwarz

Administrative Assistants

Michele Briggs 9 am-noon

Charlene Huskins (summer) 1:00-4:00

Missionaries in Ecuador

Joshua & Julie Marcum

Michaela, Eliana, Jana, Enoch

Shepherds:

Tim Carr

Michael Case

Ron Kretz

Keith Miller

Mark Miller

Todd Sheldon

Steddon Sikes

Eric Tremaine

Shepherd of the month is in bold font.

DeaconsArea of Service
Marty Barrett Benevolence
Trey Colle Emergency Meal
Robert Cunningham Son Shiner
Troy Flynt Treasure
Jansen Fraser Ground
Trent HintonLivestrear
Larry LightSingle Seniors, Facilitie
Garrett Schwarz Yout
Jeff Shafer Worship Support
Lonnie Shafer Elder/deacon liaiso
Ken Van GompleLTG

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I am sure glad that our family has "buckled up for safety." I cannot imagine trying to navigate this life without a God who is with us in the darkest valleys and causes our cup to overflow in times of rejoicing. We are all on this roller coaster called life, and I encourage you to read the Word of God, to throw yourself on the Lord in prayer and praise through it all. The question is not: "Do you want to ride the roller coaster of life?" The question is, "Do you want to buckle up for safety?"

~Eric Tremaine

Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord. Hebrews 12:14 (NIV)

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and Ken & Sarah Van Gomple for helping with the progressive dinner for YU students.

Prayer Focus: York University began its fall semester this last Wednesday. This is a colossal effort united around a common vision of leading students to Christ and providing a high-quality education. It can't be done on human strength alone. This week, let's pray for God to strengthen and inspire the administration, faculty, and student leadership in this mission.

Order of Worship

Strength to Strength

Welcome: Glenn Dallmann

54 We Bring the Sacrifice of Praise You're Worthy of My Praise Everlasting God

Prayer: Luke Case

Reading of Psalm 84: Kyle Stewart

I Want to Be Where You Are
In Need
596 In the Dessert of Sorrow and Sin

Communion: Dan Goodwin

Children's Offering

559 The Joy of the Lord

"Do You Love Me?"

John 21:15-19 Glenn Hawley

789 Father 790 Lord, Take Control 860 There is a Habitation

Shepherd's Prayer: Eric Tremaine

Body Life: Ken Van Gomple