

GOD'S ANSWER FOR ANXIETY IN THIS ANXIOUS WORLD

We look around this world today and see anxiety everywhere. From economic uncertainty to health scares, extreme political unrest to personal struggles, the weight of worry seems relentless. Anxiety is a topic where many of us want to bury our head in the sand. Sometimes I just want to eat another donut and forget about it. But no matter how hard I may toil against it, it doesn't seem to go away. I'm excited that the ladies are going to tackle this difficult subject in their upcoming ladies retreat this coming weekend. I believe they have a great slate of speakers and talks coming up that will be of great benefit for all who attend. I would encourage all the ladies of the congregation who are able to attend this important ladies' retreat. In the meantime, I would like to add my two cents here.

In our times of what feels like crippling anxiety we must remember that God has not left us without comfort or direction. His Word offers a powerful answer to our anxious heart.

Jesus Himself addressed anxiety directly. In Matthew 6:25–34, He urged His followers not to worry about their lives, reminding them of God's care for the birds of the air and the lilies of the field. *"Seek first His kingdom and His righteousness,"* He said, *"and all these things will be added to you"* – v-33. This isn't a call to ignore life's challenges—it's a call to trust the One who holds everything together.

The apostle Paul echoed this in Philippians 4:6–7: *"Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus."* Prayer is not just a spiritual exercise – it's a lifeline to peace.

We can know that true rest and relief from anxiety come through obedience to the gospel and a life rooted in Christ. Psalm 127:2 reminds us that *"It is in vain that you rise up early and go late to rest, eating the bread of anxious toil,"* – (ESV). Solomon knew that peace is found not in striving, but in trusting our Father, *"For He gives to His beloved even in his sleep"* – (NASB).

If you're feeling overwhelmed, know this: God sees you. He invites you to come to Him. *"Come to me, all who are weary and are heavy-laden, and I will give you rest"* – Matt 11:28. That promise is not just for the ancient world – it's for you today, right now.

Let's strive to be a congregation that not only teaches this truth but lives it. May we be a refuge for the anxious, a family of faith that lifts one another up in prayer, and a light in a world that desperately needs hope.

In HIS Mighty Name

Ron Kretz

Welcome to East Hill Church of Christ, a place where you can discover the gospel!
Please, don't hesitate to let any of the greeters or ministers know how we can serve you.

C November

- A** 2 New Class starts "Foundations:
What Christians Believe"
- L** 7 Son Shiners at Chances "R" at 5:30
- E** 8 Men's Breakfast in FH at 8 am
- N** 8 Fun & Fellowship for All
5pm in fellowship hall
- D** 7-9 East Hill Women's Retreat
- 20 YU Student Thanksgiving Meal
more info TBA
- 25 Food Distribution 10:30-11:30 am
in south parking lot
- 26 Devotional in lieu of Wednesday
Bible classes (Thanksgiving)

December

- A** 5 Son Shiners at Chances "R" at 5:30
- R** 13 Men's Breakfast in FH at 8 am
- 24 Christmas Eve Service 6 pm
at YU Prayer Chapel

FriendSpeak: Do you know someone who would like to have conversational English lessons? Have them call our FriendSpeak hotline: 402-710-0042

- 11/6 Corena Heasley
- 11/7 Nell Cole
- 11/8 Jeff Mogul
- 11/8 Terence Kite
- 11/8 Jenny Tremaine
- 11/8 Desi Gassman

- 11/5 Ron & Virginia Helmlinger

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MINISTRIES & EVENTS

Worship & Praise Service - Today, instead of a sermon, we'll have a prayer service focused on Psalm 139. Our theme is, "Search Me, O Lord." Let's sing our prayers and praises to God!

Son Shiners will meet at Chances "R" this Friday at 5:30 pm.

Men's Breakfast: Bible, Bacon & Bros!! Men's Breakfast is 8:00 a.m. this Saturday in the fellowship hall. Come for breakfast and an uplifting devotional by Jared Hawley.

Fun and Fellowship: Everyone is invited to have some fun on Saturday, starting at 5 pm in the fellowship hall. Please bring games or activities to share. Contact LaRae Melvin with questions.

"Foundations: What Christians Believe" is a new Bible class which will explore how our beliefs about God shape our worldview and guide our lives. Specifically, we'll seek to understand Christianity's answer to the following three questions: Where do you come from? Who are you? Where are you going? The class starts today, November 2. Glenn Dallmann is the teacher. It will meet in the fellowship hall, room C-E.

Members' Ministry Involvement Survey: We invite all East Hill members to explore and participate in one of our 26 ministries as a way to serve Jesus. If you haven't done so already, please pick up a Ministry Handbook and a Ministry Involvement Survey in the foyer, and return the survey to us by the beginning of November. Feel free to let Glenn Dallmann know if you have any questions. Thank you!

College Ministry Participation: East Hill, we would like to connect our college students with you! Please take a few minutes and prayerfully consider how you might help support this ministry. We are thankful for this body and look forward to making stronger bonds through this ministry! Please see the QR code to respond with how you might participate in the college ministry.



LTC Is Coming Soon - The annual Leadership Training for Christ (LTC) event is on April 3-5. This year's theme, "Rise Up!" is inspired by the books of Joshua, Judges, and Ruth. Brittany Kretz is giving an overview today in Body Life. We'd love for your family to join us this year as we study, create, serve, and worship together. Whether it's your first time or you've participated before, you'll find this experience both fun and faith-building.

Let us consider how we may spur one another on toward love and good deeds.

East Hill 2025 Theme Verse—Hebrews 10:24 (NIV)

BODY LIFE & PRAYERS

Prayer Requests:

Mary and Barb Athey would like continued prayers as they have both been struggling with serious health issues throughout this last year.

Sue Keller would like to share that her doctor says that her heart is looking as good as he thinks it can. She is still a little slowed down and doesn't have a lot of strength, but wants to thank everyone for their prayers.

Tim McNeese passed peacefully Wednesday afternoon. The family is making arrangements for a memorial. Information will be available this week. Please keep the family in your thoughts and prayers during this time.

Alice Yunevich is now in cardiac rehab at Good Samaritan in Osceola. Pray for her strength and energy to return as she struggles with recovery from her hip replacement and two heart attacks.

Body Life:

Thank you to the East Hill's Children's Ministry for hosting a trunk at the YU Trunk or Treat and for everyone that came out to participate.

Thank you to everyone who participated in the Chili Cook-off last night.

Heidi and Jason Mader are planning to leave for Thanksgiving and are looking for someone who they could hire to care for their pets for six days. Please contact the office for Heidi's contact info.

Weekly Events

Attended Nursery: You can drop off children ages 0 up to 2 years in the nursery during services.

Service at Legacy Square: There is a service for the residents of Legacy Square in Henderson at 2:30 each Sunday. See Tommy Carr if you have questions.

Youth Updates: To stay current with Youth Group activities, sign up for the "Band" announcements via text.



Women's Thursday Class is 10:00-11:30 in the FH and offered on Zoom. Rose Miller is leading a study of gratitude.

Praise in Motion will meet in the FH, 7-7:30 pm on Thursdays. Ladies, come join in gentle stretching and praising the Lord!

Weekly Prayer Pal Suggestion
Courage – *Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.*

~Deuteronomy 31:6

Scripture Memory 2 Peter 3:8-10

... With the Lord a day is like a thousand years, and a thousand years are like a day. *The Lord is not slow in keeping his promise, as some understand slowness. He is patient with you, not wanting anyone to perish, but everyone to come to repentance.* But the day of the Lord will come like a thief. The heavens will disappear with a roar; the elements will be destroyed by fire, and the earth ...

Schedule of Services

Sunday

Worship 10 am, livestreamed on Facebook
Bible classes for all 9 am
Sunday evening 5 pm, communion available

Wednesday

Adult Class 6:30 pm (livestream-East Hill's Facebook)
Children's Class 6:30 pm (drop off 6:20, pick up 7:15)
MS & HS Huddle 6:20-7:20 pm

For the Record:	October 26, 2025
Weekly Attendance:	268
<u>Weekly Giving</u>	
Budgeted:	\$7,319.72
Actual:	\$3,168.20
Children's:	\$89.80
<u>Year to Date</u>	
Budgeted:	\$314,747.96
Giving:	\$297,830.57
Children's for Ecuador:	\$2,705.01

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Ministry Staff:

Preaching Minister

Glenn Hawley

Outreach & Involvement Minister

Glenn Dallmann

Children's Ministry - School Age

Tana Albin

Children's Ministry - Preschool

Jodie Yunevich

Youth Ministry - Coordinator

Dan & Julie Goodwin

Ministry Intern

Archford Manduvi

Administrative Assistants

Michele Briggs 9 am-noon

Tera Knapp 11:30-2:30

Missionaries in Ecuador

Joshua & Julie Marcum

Michaela, Eliana, Jana, Enoch

Shepherds:

Tim Carr

Michael Case

Ron Kretz

Keith Miller

Mark Miller

Todd Sheldon

Steddson Sikes

Eric Tremaine

Shepherd of the month is in bold font.

Deacons -----Area of Service

Marty Barrett ----- Benevolence

Trey Colle ----- Emergency Meals

Robert Cunningham ----- Son Shiners

Troy Flynt ----- Treasurer

Trent Hinton ----- Livestream

Larry Light ----- Single Seniors

Jeff Shafer ----- Worship Support

Ken Van Gomple ----- College Ministry

Campus Connection:

YU Thanksgiving Meal: On

November 20 (Thursday), East Hill will be hosting a meal for college students, before the Thanksgiving break! Many traditional Thanksgiving foods will be served. Come and enjoy food and fellowship... more information to come.

College age Class: You are invited to join in the classes that meets in the fellowship hall every Sunday morning at 9 am. Dr. Pack is leading a college age class on "The Story of Redemption".

Sunday evening group:

You are invited to a small group that meets in Henderson on Sunday nights at 6 pm. There is fellowship, food and fun. It is a great time to connect to God's word and meet other college students. You can scan the GroupMe QR code to get updates regarding this group or to reach out if you need a ride.



Order of Worship

Search Me, O Lord

Worship Leader: Glenn Dallmann

Shout to the Lord

Open the Eyes of My Heart

10,000 Reasons

Prayer: Brady Sikes

Welcome

Psalm 139: Charlie Van Gomple

Psalm 139:1-6 "You Hem Me In"

Dan Goodwin

Hide Me Away, O Lord

689 Be Still, My Soul

Psalm 139:7-12 "Where Can I Go?"

Tommy Carr

Where Could I Go?

390 Guide Me, O Thou Great Jehovah

Psalm 139:13-18 "You Know Me"

Ryan Roseke

26 God Moves in a Mysterious Way

48 O Love That Will Not Let Me Go

Communion: Simeon Tremaine

Children's Offering

Psalm 139:19-24 "Vindicate Me"

Invitation for Prayer

552 Have Thine Own Way

410 He Leadeth Me

Whom Shall I Fear?

Shepherd's Prayer: Ron Kretz

Body Life: Ken Van Gomple