

Communion: What is it all about?

Jesus established “the Lord’s Supper”, or communion, during the last Passover meal he shared. You can read about it in Matthew 26, Mark 14, and Luke 22. Jesus tells his disciples that the bread and cup represent his body and blood which he is about to offer as a sacrifice later that same day on the cross. His broken body and poured out blood is a gift given to take away the sins of the world. A gift available to all who desire salvation. A gift we should remember and honor regularly by keeping the Lord’s Supper.

Paul talks about communion in 1 Corinthians 10-11. His first mention is about the cup of communion being a cup of thanksgiving. He reminds the church that our participation in the Lord’s Supper should be a unifying act that brings the body of Christ (the church) together to erase any divisions that might exist. He says that when we take communion, we’re making a statement; we’re boldly proclaiming that Jesus died for the sins of the world and that he was raised again to life and will return one day. He says that if we continue to have divisions in the church (his body), we make ourselves subject to the Lord’s judgment. God’s judgment is intended to discipline the church to correct what has gone the wrong way. That judgment may result in sickness and if the discipline is not heeded, we may even face death and still worse, condemnation with the world.

Because Jesus began the practice of communion during Passover, there’s a connection to it. The original Passover is recorded in Exodus 12, in which a perfect male lamb is killed, and the people are saved from death by the blood of the lamb, the flesh of which they eat together in a family meal.

Jesus also says that the cup of communion is “the new covenant in my blood”. This refers back to the original blood covenant recorded in Exodus 24. After God has already saved the people from slavery, baptized them in the Red Sea (see 1 Corinthians 10:2), he brings them to Mt Sinai where he offers to be their God if they want to be his people (Exodus 19:3-8). He has Moses sprinkle blood on the people in a ceremony to confirm the covenant to which they have agreed (three times). Their part of the covenant is to obey the word of God and live a life that is distinct from the world by doing so.

One more thing... In John 6:25-64, Jesus makes one of his most confusing and challenging statements. Jesus tells the crowd that they can have no life if they don’t eat his flesh and drink his blood. This was a shocking statement. But this is shortly after he feeds the five thousand in a miraculous event, and he knows they’re in pursuit of him because they have in mind things that don’t have lasting value (like more bread). He tells them that he is the true bread that came down from heaven; bread by which there is life forever. He also says that those whom the Father draws to him will be taught by God. Later, to his disciples he tells them it’s the Spirit that gives life. It’s not really about the flesh, which has no value. His message is that his followers must internalize the Word of God and live by the Spirit if they wish to have eternal life. Our participation in the Lord’s Supper is a physical illustration of this principle.

~Keith Miller

Welcome to East Hill Church of Christ, a place where you can discover the gospel!
Please, don't hesitate to let any of the greeters or ministers know how we can serve you.

MINISTRIES & EVENTS

- C** March
29 Area Wide Singing at Hastings
3-5 pm
29 Elders Meeting
- A** April
1 LTC Showcase
in Lieu of Bible Classes
3 Church Office Closed
3 Son Shiners at Chances "R" at 5:30
3-5 LTC's KC event
4 Fun & Fellowship 5 pm in FH
5 Children's classes combined
for Easter lesson
18 Men's Breakfast at 8 am in FH
18 Ladies' Craft Day 2-8 pm in FH
19 Building Set-up for Clothing Give-
away sorting at 5:30
20-23 Clothing sorting from 9a-9p
24 Final push for sorting and clean
up for Clothing Give-away 9a-5p
24 6-8p East Hill Give-away time
25 8-noon Community Giveaway
22 Devo in lieu of all Bible Classes
25 Spring Clothing Giveaway
28 Food Distribution 10:30-11:30 am
in south parking lot
29 New Song Night in lieu of adult
classes

FriendSpeak: Do you know someone who would like to have conversational English lessons? Have them call our FriendSpeak hotline: 402-710-0042

- 4/2 Andrae Clifford
4/2 Julie Goodwin
4/2 Saia Lotulelei
4/2 Lynnette Gonzalez
4/4 Bev McNeese

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Communion today will be done by passing the trays.

Encourager Ministry Helpers, please catch up with Brenda Reicheneker in the foyer after services, or contact her as soon as possible if you aren't able to meet after services.

Hastings Church of Christ will host an area wide singing on March 29 from 3-5 pm with a lite meal to follow. There will be special guests from the Nebraska Christian High School Chorus who will share their music. The Hastings Church is located at 1131 N Laird Ave in Hastings.

LTC Showcase: On Wednesday, April 1, all Bible classes will be dismissed and we will all meet in the auditorium for the LTC showcase night. The LTC teams will have an opportunity share what they have been working on with us as well as have a dress rehearsal for the main even in Kansas City on Friday and Saturday.

Church Office: The office staff will be out on Friday, April 3. Items for the bulletin that week should be to the office by Thursday, April 2, at 9 am.

Fun and Fellowship: Everyone is invited to have some fun this Saturday, starting at 5 pm in the fellowship hall . Please bring games or activities to share. Contact LaRae Melvin with questions.

5:00 pm Sunday Service Coordinator: Willis Hood is stepping down from coordinating the 5:00 pm Sunday service. If you are interested in that ministry, please talk to Glenn Hawley.

Special Children's Bible Class Event: On April 5 the children's classes will have a combined Easter lesson and celebration during the Bible class time. All children (birth-5th grade) may bring their Easter baskets; they will have an egg hunt!

Spring Food Drive: It's time for the Mountain State Children's Home (MSCH) spring food drive. Donations can be left behind the information table in the foyer until Sunday, April 19. Due to Colorado Health Regulations they cannot accept food that is past its labeled expiration date. Please check dates to be sure they dates won't run out before they get it. There are lists on the bulletin board to take with you with both needed items and ones they have an abundance of.

Then Jesus said to all of them, "If anyone wants to come after Me, he must deny himself and take up his cross daily and follow me."

East Hill 2026 Theme Verse—Luke 9:23 (NIV)

BODY LIFE & PRAYERS

Prayers:

Please continue to pray for **Dan and Laura Cole**. He is two weeks past his heart surgery, and the healing process has been exhausting and painful. Please pray for strength and healing.

Eddie Kennedy had a successful cataract surgery on one of his eyes on Tuesday. He is home, but cannot drive for about a week. Thank you for the prayers for him.

Ron Shields is in the Hearthstone, in room 503, for short term rehab. He is working to be able to go back home. He may end up long term, depending on his progress and health. He feels good, but tires easily. He is happy to have visitors, but asks that visits are short, and not too many visitors at one time.

Body Life:

Youth Mission Trip this Summer: On May 23-29, the following people will be partnering with Praying Pelicans to minister in Colorado Springs: Stella Berthold, Peter Dallmann, Lorelei Fifield, Ava and Tyce Goodwin, Sawyer Jaekel, Asher Marquart, Harrison and Lauren Sears, Hailey Stutzman, Briana Ulrich, Sam Van Gomple, Kris Van Patten, Dan and Julie Goodwin, and Kyle and Chandra Stewart. Please be praying for the trip preparations including fundraising, and participants.

Congrats to **Ava Goodwin** on being awarded the NCPA Academic All-State honors and for her theatre scholarship to Pepperdine University. May God continue to lead and guide you.

Weekly Events

Attended Nursery: You can drop off children ages 0 up to 2 years in the nursery during services.

Service at Legacy Square:

There is a service for the residents of Legacy Square in Henderson at 2:30 each Sunday.

Youth Updates: To stay current with Youth Group activities, sign up for the "Band" announcements.



Women's Thursday

Class meets on Thursdays, 10 to 11:30 in the fellowship hall. Deloris Hartman is bringing a study on Anxiety.

Praise in Motion will not yet be meeting this week.

Weekly Prayer Pal Suggestion

Wisdom – Fear of the Lord is the foundation of true knowledge, but fools despise wisdom and discipline.

~Proverbs 1:7

Daily Bible Readings

Sun 3/29-1 Sam 13-14:45; 1 Chron 9:35-44

Mon 3/30-1 Sam 14:46-15; 1 Chron 5:10,18-22

Tue 3/31-1 Sam 16:1-17

Wed 4/1-1 Sam 18:1-19; chs 19-20; 21:1-6; Psalm 59

Thu 4/2-1 Sam 21:7-15; 22:1-19; Psalm 56; 34; 142; 1 Chron 12:8-18

Fri 4/3-1 Sam 22-24; Psalm 52; 63; 54; 57

Sat 4/4-1 Sam 25-27; 29-30; 1 Chron 12

Sun 4/5-1 Sam 28; 31; 2 Sam 1; 4:41, 1 Chron 10:13-14

Schedule of Services

Sunday

Worship 10 am, livestreamed on Facebook
 Bible classes for all 9 am
 Sunday evening 5 pm, communion available

Wednesday

Adult Class 6:30 pm (livestream-East Hill's Facebook)
 Children's Class 6:30 pm (drop off 6:20, pick up 7:15)
 MS & HS Huddle 6:20-7:20 pm

For the Record:	March 22, 2026
Weekly Attendance:	250
<u>Weekly Giving</u>	
Budgeted:	\$7,482.33
Actual:	\$6,094.65
Children's:	\$63.56
<u>Year to Date</u>	
Budgeted:	\$89,787.96
Giving:	\$87,220.26
Children's for Ecuador:	\$609.72

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Ministry Staff:

Preaching Minister
 Glenn Hawley
 Outreach & Involvement Minister
 Glenn Dallmann
 Children's Ministry - School Age
 Brittany Kretz
 Children's Ministry - Preschool
 Jodie Yunevich
 Youth Ministry - Coordinator
 Dan & Julie Goodwin
 Administrative Assistants
 Michele Briggs 9 am-noon
 Tera Knapp 11:30-2:30
 Missionaries in Ecuador
 Joshua & Julie Marcum
 Michaela, Eliana, Jana, Enoch

Shepherds:

Tim Carr
 Michael Case
 Ron Kretz
 Keith Miller
 Mark Miller
 Todd Sheldon

Steddon Sikes (March)

Eric Tremaine (April)

Shepherd of the month is in bold font.

Deacons -----Area of Service

Marty Barrett ----- Benevolence
 Trey Colle----- Emergency Meals
 Troy Flynt ----- Treasurer
 Trent Hinton -----Livestream
 Larry Light ----- Single Seniors
 Jeff Shafer-----Worship Support
 Ken Van Gomple ----- College Ministry

CAMPUS CONNECTION

Nacho Bar: Ken and Sarah Van Gomple will host a nacho bar at their house after church today. All college students and young professionals are invited.

College age Class: Dr. Pack's college age class will resume meeting today in the fellowship hall in room A-B. The topic this semester is "Parables of Jesus".

Sunday evening group: You are invited to a small group that meets in Henderson on Sunday nights at 6 pm. There is fellowship, food and fun. It is a great time to connect to God's word and meet other college students.

You can scan the GroupMe QR code to get updates regarding this group or to reach out if you need a ride.



Order of Worship

The Sacrifice of Jesus, Our Savior

Welcome

Wonderful, Merciful Savior
 287 *There Is a Redeemer*

Scripture Reading: Jim Ulrich
Hebrews 10:4-10

The Offering of Jesus's Body

Prayer of Thanksgiving:

 Luke Case

313 *The Old Rugged Cross*
 381 *Years I Spent in Vanity*

"The Last Supper"

Mark 14:12-25

Glenn Hawley

382 *Why Did My Savior Come to Earth?*

364 *Come Share the Lord*

Communion: Keith Knight

Invitation for Prayer

383 *Jesus, Keep Me Near the Cross*
Blue Skies and Rainbows

Children's Offering

948 *I am Resolved*

Shepherd's Prayer: Keith Miller

Body Life: Dan Goodwin

Memory Verse: *I Corinthians 15:56*

Blessing