

Finding Hope in the Brevity of Life: A Reflection on Psalm 90

I know someone who wishes he had never been born. He didn't ask for life, and if given the choice, he would have refused it. For him, life has been one painful disappointment after another, no matter how hard he tries.

I know another person who questions the very purpose of living when death claims everyone eventually. Their life's work and relationships seem to vanish like steam rising from a cooling cup of coffee — as though they never existed at all. She asks, "Why would anyone want this life, when it can be swept away in a moment, leaving loved ones with nothing but grief?"

Moses wrestled with these same questions. And from that wrestling, he wrote one of Scripture's most searching and beautiful prayers.

A God Who Has Always Been Home

Psalm 90 opens with Moses grounding himself in something unchanging: "*Lord, you have been our dwelling place throughout all generations.*" Before he voices a single complaint, Moses anchors his soul in God's eternal nature. Whatever suffering surrounds him, God has always been — and remains — a place of refuge. From that foundation, Moses honestly confronts the human condition. Sin has made life brief and hard. People "finish their years with a moan." There is no pretending otherwise.

Prayers Born from Honest Pain

Rather than turning away from God in his anguish, Moses turns *toward* him — with remarkably candid requests.

"*Teach us to number our days, that we may gain a heart of wisdom,*" Moses asks for the courage to face his own mortality, trusting that awareness of life's brevity can shape a life of greater purpose and intention.

"*Relent, Lord! How long will it be? Have compassion on your servants.*" He pleads for relief — for himself and his community — from suffering they may or may not have deserved. This is not a polished, tidy prayer. It is the raw cry of someone who believes God is listening.

"*Satisfy us in the morning with your unfailing love.*" Moses asks God to fill each new day with the kind of love that restores hope — hope like the first light of dawn breaking over a dark horizon.

Work That Outlasts Us

Moses closes his prayer with a request that reveals something profound about his understanding of human life: "*Establish the work of our hands.*" He knew that no human effort truly survives or flourishes apart from God's blessing. But he also believed that God *could* take the ordinary work of ordinary people and make it matter — make it last.

This is the quiet confidence beneath Psalm 90's lament. Despite life's brevity and humanity's brokenness, God is still able to make something beautiful of what we offer him.

More Than This Life

We read Psalm 90 from the other side of the Cross. We know what Moses could only glimpse from a distance: that this life is not the end of the story, but the beginning of one. Because of Jesus, death does not have the final word over those who trust in him.

So, when you are confronted by death, or worn down by the pain of living, or burdened by your own failures — remember this: God is your refuge yesterday, today, and forever. And may we pray with Moses, "Establish the work of our hands, yes, establish the work of our hands!"

~ Glenn Dallmann

Welcome to East Hill Church of Christ, a place where you can discover the gospel!
Please, don't hesitate to let any of the greeters or ministers know how we can serve you.

C May
23-29 Youth Mission Trip to Colorado

A 27 Summer Party at Yunevich home
5-7:30 pm

L 28 Food Distribution 10:30-11:30 am
in south parking lot (Thursday)

E 30 Freezer Meal prep for the Mission
1 pm in the church kitchen

N 31 Mission Sunday

31 Secret Sister Reveal 2:30 pm, FH

31 Area-Wide Singing at 3 pm
Stolley Park Church of Christ in GI

D June
5 Son Shiners at Chances "R" at 5:30

A 13 Men's Breakfast at 8 am in FH

13 Ladies' Crafting Day 2-8 pm in FH

R 14-20 YU Soul Quest

17 No Bible Classes

21 Father's Day

FriendSpeak: Do you know someone who would like to have conversational English lessons? Have them call our FriendSpeak hotline: 402-710-0042

5/24 Stewart Sikes
5/24 Kaewyn Robison
5/25 Keith Miller
5/25 Sandy Stevens
5/25 Trevor Shafer
5/27 Megan DeHart
5/28 Vickie Keller
5/28 Henry Kretz
5/29 Holly Rinard
5/29 Karesa Norquest
5/29 Casey Kinnison
5/30 Jared Pack

5/24 Keith & Ann Peters
5/27 John & Ramona Ratliff
5/27 Tommy & Anita Carr
5/28 Steddon & Brenda Sikes
5/30 Brady & Hannah Sikes

**C
E
L
E
B
R
A
T
E**

MINISTRIES & EVENTS

Food Distribution: The Lincoln Food Bank will distribute food from our south parking lot on THURSDAY from 10:30-11:30 am this week. This is a change due to Memorial Day. Please spread the word. If you would like to help pass out the food, please contact Tonya Carr.

Mission Sunday 2026: We're planning a special mission-focused service for next week, Sunday, May 31, that will include a special collection for the Quito School of Biblical Studies in Ecuador. Our goal is to raise \$10,000 to support the mission of QSOBS. Donations can also be made through Tithe.ly by selecting Missions rather than General Fund.

Meals On Wheels: There are sign up sheets on the information table to participate in May with helping deliver meals to the elderly who participate in Meals on Wheels. This service takes about an hour in the mornings. Please see the sheets or Harold or Deena Tandy for more information.

The Church Office will be closed tomorrow in observance of Memorial Day. The secretaries office hours will shift this summer to meet other needs. Michele will be in from 11:15 to 2:15 and Tera will be in from 2:15 to 5:15.

Meals for the Mission: Freezer meals for the Hope Gospel Rescue Mission to serve to those in need will be put together on May 30 at 1:00 pm in the church kitchen. If you can put things in a bag, you can help!

Area-Wide Congregational Singing: Stolley Park Church of Christ will host an area wide singing on Sunday, May 31 at 3 pm. A light meal will be served following the singing. The church is located at 2822 W Stolley Park Rd in Grand Island.

Teacher Sign-Up for Children's Summer Bible Classes: A monthly sign up for teaching and helping with the children's Bible classes this summer, beginning May 24, is available at the QR code. You can sign up around your vacation plans. See Brittany Kretz or Jodie Yunevich if you have questions.



Snack Donations are being collected for the Presidential Leadership Institute, a leadership camp for Church of Christ high school students directed by Dr. Jared Pack. If you would like to help, please bring individually packaged snacks and place them in the donation area located in the back of the foyer. Thank you for supporting this ministry and encouraging these students as they grow in their leadership and faith!

Summer's Here Party: Ken and Jodie Yunevich invite everyone to come celebrate the arrival of summer on Wednesday May 27 from 5-7:30 pm at the lake at their home (contact the office for their address) Swimming, fishing, and fellowship available. Bring a fishing pole, towel and chair for your preferred activity. Food is provided.

Then Jesus said to all of them, "If anyone wants to come after Me, he must deny himself and take up his cross daily and follow me."

East Hill 2026 Theme Verse—Luke 9:23 (NIV)

BODY LIFE & PRAYERS

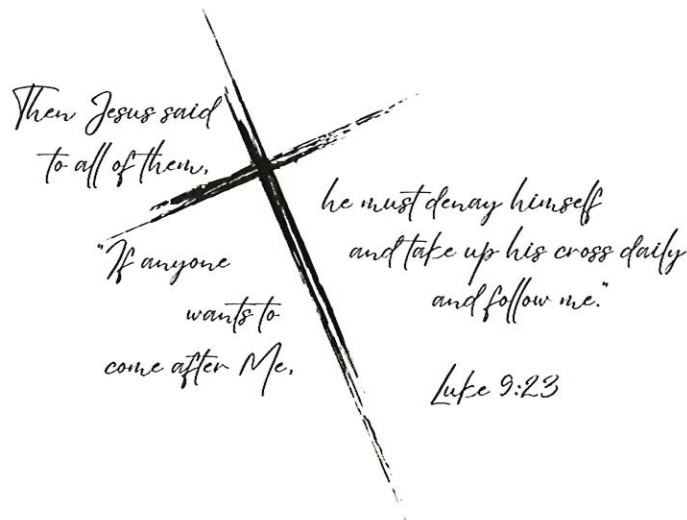
Prayer Requests:

Prayers are requested for **Noah and Kara McNeese's family**. Kara's father, Reginald Ayers, of York, passed away suddenly on May 2. The funeral was on Friday, May 22. Kara's brother and sister have also passed away fairly recently. Kara and her mom, Trish, have lost 3 immediate family members in 5 years. Please keep these families in your prayers as they mourn.

Tony Kreifels's father, David, passed away on Wednesday. Please pray for comfort for Tony and his family.

Leo Miller's eye surgery on Monday was successful. He is grateful for the prayers offered on his behalf and would like continued prayers for complete healing.

Youth Mission Trip to Colorado: Yesterday, the youth mission team and their sponsors headed to Colorado Springs to work with a church in the area that is focused on outreach and serving the community through a food pantry and a clothing giveaway. They will be helping with some repair around the building and joining the church in service to their community. **Dan and Julie Goodwin** will lead the group of teens: **Danny Burgess, Peter Dallmann, Lorelai Fifield, Ava and Tyce Goodwin, Sawyer Jaekel, Asher Marquart, Harison and Lauren Sears, Hailey Stutzman, Brianna Ulrich, Sam Van Gomple and Kris Van Patten**. They will return this Friday, May 29. Please keep the team in your prayers.



Weekly Events

Attended Nursery: You can drop off children ages 0 up to 2 years in the nursery during services.

Service at Legacy Square: There is a service for the residents of Legacy Square in Henderson at 2:30 each Sunday.

Youth Updates: To stay current with Youth Group activities, sign up for the "Band" announcements.



Women's Thursday Class has wrapped up for this year. It will resume in the fall.

Weekly Prayer Pal Suggestion

Justice – He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.

~Micah 6:8

Daily Bible Readings

Sun 5/24-Prov 26; 27; 28

Mon 5/25-Prov 29, 30, 31

Tue 5/26-Ps 127, Song of Songs 1-8

Wed 5/27-I Kings 11

Thu 5/28-Eccl 1; 3:18-22; 6:10-12; 8:16-17; 9:1-12

Fri 5/29-Eccl 1:12-18; 2; 4-5; 6:1-9; 7:13-14; 8; 9:13-18

Sat 5/30-Eccl 7; 10:1-11:6; 12:9-12

Sun 5/31-Eccl 3:1-17; 11:7-12:8, 13-14

Schedule of Services

Sunday

Worship 10 am, livestreamed on Facebook
Bible classes for all 9 am
Sunday evening 5 pm, communion available

Wednesday

Adult Class 6:30 pm (livestream-East Hill's Facebook)
Children's Class 6:30 pm (drop off 6:20, pick up 7:15)
MS & HS Huddle 6:20-7:20 pm

For the Record:	May 10, 2026
Weekly Attendance:	285
<u>Weekly Giving</u>	
Budgeted:	\$7,482.33
Actual:	\$6,318.35
Children's:	Will be included with next week's.
<u>Year to Date</u>	
Budgeted:	\$142,164.27
Giving:	\$136,598.73
Children's for Ecuador:	\$896.20

East Hill Church of Christ
1122 Delaware Ave. (Building)
1225 E 10th St. (Mailing/Offices)
York, NE 68467
Office: (402) 362-4990
Email: easthillsecretary@gmail.com
Website: www.easthillcofc.org
WiFi: EHguest PW: JesusIsLord!

Ministry Staff:

Preaching Minister

Glenn Hawley

Outreach & Involvement Minister

Glenn Dallmann

Children's Ministry - School Age

Brittany Kretz

Children's Ministry - Preschool

Jodie Yunevich

Youth Ministry - Coordinator

Dan & Julie Goodwin

Administrative Assistants

Michele Briggs 11:00 am—2:00 pm

Tera Knapp 2:00—5:00 pm

Missionaries in Ecuador

Joshua & Julie Marcum

Michaela, Eliana, Jana, Enoch

Shepherds:

Tim Carr

Michael Case

Ron Kretz

Keith Miller

Mark Miller

Todd Sheldon

Steddon Sikes

Eric Tremaine

Shepherd of the month is in bold font.

Deacons-----Area of Service

Marty Barrett ----- Benevolence

Trey Colle -----Emergency Meals

Troy Flynt -----Treasurer

Dan Goodwin-----Youth

Trent Hinton -----Livestream

Casey Kinnison -----Facilities

Larry Light ----- Single Seniors

Jared Pack---Fellowship & Involvement

Jeff Shafer ----- Worship Support

Kyle Stewart----- Media

Ken Van Gomple----- College Ministry

Summer Quarter starts today!

Each Sunday, all children ages 2 through 5th grade begin together for 15 minutes of fun, intergenerational sing time before heading to their classrooms for 30 minutes.

Classes are divided into: nursery, 2s & 3s, 4s & Preschool/Kindergarten, 1st & 2nd Grade, 3rd-5th Grade. This year, our 1st-5th grade students will begin a new study called Bible Bee, where students will work through Acts 1-18 while memorizing larger portions of Scripture throughout the year.

Our 3rd-5th grade students will also begin learning Greek and Latin words connected to the text, helping them build a deeper understanding of Scripture.

Wednesday nights will focus on studying through the entire book of Acts in a large-group setting with all ages together. Older students will help lead puppet shows designed to help younger children better understand different parts of the lesson.

We Need Your Help! There is a place for everyone downstairs. Whether you are interested in teaching, helping with classroom activities, assisting during sing time, working with puppets, encouraging students, or simply being an extra set of hands, your help matters.

And of course, families are always encouraged to bring their children and be part of all the exciting things happening this year!

Order of Worship

I Will Call Upon the Lord

Worship Leader: Steddon Sikes

773 *Again the Lord of Light and Life*
(Delores H.)

147 *I Stand Amazed* (Katie T.)

Prayer: Trent Hinton

Reading: Troy Flynt
Acts 2:1-4, 14-21

189 *Master the Tempest is Raging* (Lexi L.)
356 *I Believe in Jesus* (Tana A.)

Communion: Casey Kinnison

Children's Offering

63 *I Will Call Upon the Lord*

"Taking Aim"

Philippians 3:12-14

Lesson: Glenn Hawley

Invitation for Prayer

611 *Heavenly Sunlight* (Deena T.)

Shepherd's Prayer: Mike Case

Body Life: Glenn Dallmann

Memory Verse: *Proverbs 4:7*

Blessing